

Your Seborrheic Dermatitis Conversation Guide

1 | What seborrheic dermatitis symptom(s) do you experience?

- Flaking
- Redness
- Itching
- Other (please specify)

Tell your healthcare provider about the severity of your symptoms.

2 | How often does seborrheic dermatitis impact your daily life?

- Not at all
- Occasionally
- Bothersome
- Severely impacts

Let your healthcare provider know how seborrheic dermatitis impacts your life.

3 | How often do you experience seborrheic dermatitis symptoms?

- Every day
- Every week
- Every month
- A few times a year

4 | What areas of your body are affected by seborrheic dermatitis?

APPROVED USE

ZORYVE foam is a prescription medicine used on the skin (topical) to treat seborrheic dermatitis in adults and children 9 years of age and older.

It is not known if ZORYVE foam is safe and effective in children under 9 years of age.

IMPORTANT SAFETY INFORMATION

ZORYVE is for use on the skin (topical only). Do not use ZORYVE in or on your eyes, mouth, or vagina. **Do not use ZORYVE if** you have certain liver problems.

Please see additional IMPORTANT SAFETY INFORMATION throughout.

Z ZORYVE®
(roflumilast) topical foam, 0.3%

5 On average, how much time do you spend every day treating your seborrheic dermatitis?

- 0–15 minutes
- 15–30 minutes
- 30 minutes–1 hour
- 1 hour or more

If you're not happy with your current routine, let your healthcare provider know why.

6 When considering a new treatment option, what qualities are most important to you?

- How well the treatment works (ie, skin clearance, itch relief)
- How often it must be used
- How it feels and smells when applied
- Other qualities like steroid-free and gluten-free
- What the potential side effects are

Be sure to discuss your current treatment and how long you've been using it.



You're done! You can print this form to bring to your next visit with your healthcare provider.

Ask if ZORYVE may be right for you.

NOTES

IMPORTANT SAFETY INFORMATION, continued

Before using ZORYVE, tell your healthcare provider about all of your medical conditions, including if you:

- have liver problems.
- are pregnant or plan to become pregnant. It is not known if ZORYVE will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if ZORYVE passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with ZORYVE. Breastfeeding women using ZORYVE should use it on the smallest area of the skin and for the shortest time needed. Do not apply it directly to the nipple or areola to avoid contact with your baby. Avoid direct skin contact of treated areas with your baby if ZORYVE is applied to your chest.

Tell your healthcare provider about the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What should I avoid while using ZORYVE? ZORYVE is flammable. Avoid fire, flame, and smoking when applying and right after you apply it.

The most common side effects of ZORYVE include:

- common cold
- nausea
- headache

These are not all of the possible side effects of ZORYVE. Call your healthcare provider for medical advice about side effects. You are encouraged to report side effects to FDA at 1-800-FDA-1088.

Please see [Patient Information for ZORYVE](#).

